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| **Objective** | **Target Delivery Date** | **Actual Delivery Date** | **Progress Made** |
| Schedule strategic planning time in each month to keep a focus on the future, instead of getting stuck in the here and now | 19/10/18 |  |  |
| Shadow another business for a day or half day to see how other people do things as it’s easy to be in our own bubble as self-employed people. Shared experience has great value. | 28/02/19 |  |  |
| Prioritise, as much as possible, attending network events as the value of peer support cannot be underestimated. | Ongoing – attend at least one a month | Review at the end of April 2019 |  |
| Book at least 3 x 1 weeks of holiday a year instead of just waiting for a quiet time to have some ‘pottering’ days as that’s not great work/life balance, which is meant to be one of the main benefits of being self-employed. | 19/10/18 |  |  |
| Build an hour’s reflection time into each week to think about what worked well, what didn’t and what can be changed. “What will I do again and do differently again next week?”. | 30/09/18 | 12/10/18 | It’s in the diary and will be combined with a walk in the sunshine whenever possible. |
| Build a list of achievements as they happen and keep it pinned up on a notice board to remind me of my positive progress on a difficult day. | 30/09/18 | 26/09/18 | First list created and have added to it since! 😊 |